## Transport Demand Management – Awareness and Action









(Pre) contemplation phase

Preparation phase

Action and maintenance phase

- Rational:no knowledge aboutsustainabletransport
- Affective:
  the car is
  comfortable
  and pleasant
- O Action: using the car for every trip

- Rational:some knowledge aboutsustainable transport
- Affective:
  awareness but
  indecisiveness
- Action:
   occasionally using
   bicycles or public
   transport

- Rational:good knowledgeaboutsustainable transport
- Affective:public transport andbicycles are equitablechoices
- Action: seldom using the car, often using bicycles or public transport

