Transport Demand Management – Awareness and Action











(Pre) contemplation phase

Preparation phase

Action and maintenance phase

- Rational:no knowledge aboutsustainabletransport
- Affective:
 the car is
 comfortable
 and pleasant
- Action: using the car for every trip

- Rational:
 some knowledge about
 sustainable transport
- Affective:
 awareness but
 indecisiveness
- Action: occasionally using bicycles or public transport

- Rational: good knowledge about sustainable transport
- Affective:
 public transport and
 bicycles are equitable
 choices
- Action: seldom using the car, often using bicycles or public transport

